

Referral List

Please remember to always verify with your insurance that you are eligible for mental health services with a provider or agency.

Therapists

Sharon Boyd

Personal Insights LLC
5149 West Woodmill Drive
Suite 20
Wilmington, DE 19808
302-543-2380

Insurance: BCBS Highmark, Cigna, Health Options, Independence Blue Cross, Magellan Behavioral Health, Optum, United Healthcare, United Healthcare Community Plan
Population: Children, Adolescents, Adults, Families

Lisa Carter, LPCMH

1608 Newport Gap Pike
Wilmington, DE 19808
302-217-6623

Insurances: Aetna, AmeriHealth, BCBS Highmark, Cigna, Health Options, Optum, United Healthcare, United Healthcare Community Plan
Population: Children, Adolescents, Adults, Families

Tara Ferriola, Psy.D.

1608 Newport Gap Pike
Wilmington, DE 19808
302-440-4910
DrTaraFerriola@gmail.com

Insurances: Insurance: AmeriHealth, BCBS Highmark, Cigna, Health Options, Optum, Tri-Care, United Healthcare, United Healthcare Community Plan
Population: Children, Adolescents, Adults, Families

Anne White

1608 Newport Gap Pike
Wilmington, DE 19808
302-262-9491

Insurances: Aetna, AmeriHealth, BCBS Highmark, Cigna, Health Options, Independence Blue Cross, Magellan Behavioral Health, Optum, United Behavioral Health, United Healthcare Community Plan
Population: Couples, Adults, Adolescents

Megan White

1608 Newport Gap Pike
Wilmington, DE 19808
302-307-1409

megane31@aol.com

Insurances: Aetna, AmeriHealth, Allied Trade, BCBS Highmark, Cigna, Health Options, Independence Blue Cross, Magellan Behavioral Health, Optum, United Healthcare, United Healthcare Community Plan

Population: Adults, Couples, Families, Children

Equine Therapy (therapy with horses)

Shelby Whittet

302-468-9563

Accepts some insurances, call for more information

Psychological Testing

Chester County Well-Being

500 Orchard Avenue

Suite C

Kennett Square, PA 19348

(484) 748-4881

malynn@chescowellbeing.com

Mid-Atlantic Behavioral Health

910 S. Chapel Street, Ste 102

Newark, DE 19713

302-224-1400

3521 Silverside Rd, Ste 2F1

Quillen Building Concord Plaza

Wilmington, DE 19810

302-224-1400

Mario J. Frabizzio Jr., Ph.D.

Suite 206 Baynard Bldg.

3411 Silverside Rd.

Wilmington, DE 19810

302-479-5151

302-654-9720 (fax)

marfrajr@comcast.net

Psychiatric Referrals for Children and Teens

Bradley Why, PNP

1423 Capitol Trail

Drummond Plaza Office Park

Building 1, Suite 1107

Newark, DE 19711

302-502-3255

Bancroft Behavioral Health

5610 Kirkwood Highway
Wilmington, Delaware 19808
302-502-3255

The Mind & Body Consortium - Middletown

212 Carter Drive, Suite D
Middletown, DE 19709
302-378-2522

Mid-Atlantic Behavioral Health

They require that you see their psychologists as well

910 S. Chapel Street, Ste 102
Newark, DE 19713
302-224-1400

3521 Silverside Rd, Ste 2F1
Quillen Building Concord Plaza
Wilmington, DE 19810
302-224-1400

Focus Behavioral Health

410 Foulk Road, Suite 105
Wilmington, DE 19803
302-762-2284

1601 Concord Pike, Suite 92-100
Wilmington, DE 19803
302-762-2285

Broudy and Associates

They require that you see their psychologists as well

825 Washington Street
Wilmington, DE 19801
302-655-7110 (select option 0)

314 East Main Street, Suite 104
Newark, DE 19711
302-738-9466

Psychiatric Referrals for Adults

Delaware Psychiatry

5700 Kirkwood Highway
Suite 107
Wilmington, DE 19808
302-224-1711

Your Center, LLC

5 N Avon Drive
Claymont, DE 19703
302-298-3818